



Washington Township Schools

~ A Community of 21st-Century Learners ~

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February 7, 2017

To: Parents/Guardians & Faculty of Washington Township Students
From: Marie Peppas, Lead Nurse - Washington Township Schools
Re: Two Confirmed NJ Measles Cases - Jersey City and Paterson

The following health bulletin is being shared with you based on information the Washington Township Schools has received from the Washington Township Health Department regarding two confirmed cases of measles; one in Jersey City and one in Paterson:

The New Jersey Department of Health (NJDOH) is working with the Jersey City and the Paterson Departments of Health and Human Services to investigate 2 confirmed cases of measles. The NJDOH is working with the affected local health departments within NJ to manage the exposures. To date, no cases associated with the exposures have been identified. Persons exposed with regard to these two cases could develop symptoms as late as February 14th and 15th respectively.

Individuals who might have been exposed are urged to contact their healthcare providers to discuss their exposure and risk of developing illness. Anyone who develops symptoms consistent with measles is urged to call their healthcare provider BEFORE going to the medical office or emergency room so that special arrangements can be made to minimize exposure in the healthcare setting.

Measles Overview:

Measles is a highly contagious disease that is transmitted by respiratory droplets and airborne spread. The disease can result in severe complications, including pneumonia and encephalitis. The incubation period for measles ranges from 7 to 21 days. Individuals are infectious 4 days before and after rash onset. The diagnosis of measles should be considered in any person with a generalized maculopapular rash, fever, and cough, coryza, or conjunctivitis. Immunocompromised patients and patients who are not fully immune may have an atypical presentation.

For more information regarding the two confirmed NJ measles cases go to the NJDOH website:

<http://www.nj.gov/health/cd/measles>

If you have any questions, feel free to contact our local health department at 908-876-3650, your family physician, or any of our school nurses.

Thank you.